

DIRECTIONS TO ALOKA MEDITATION CENTRE

From Sydney

- Follow the 'Newcastle' signs along the Pacific Highway/ Pennant Hills Road and onto the M1 Pacific Motorway (previously known as the F3) at Wahroonga.
- Drive north towards Newcastle.
- Cross the Hawkesbury River.
- Go past (don't take) the Mt White turnoff, and the Heavy Vehicle Checking Station.
- Watch for the big brown tourist sign saying **Aust Walkabout Wildlife Park**.
- Take the next exit, the Calga Interchange, sign-posted "**Peats Ridge Calga Exit**".
- Keep left as the interchange straightens out into **Peats Ridge Road**.
- Continue along Peats Ridge Road for 8km.
- **Ross Road** is an unpaved road on the right.
- **Aloka** is the first property with the green gate on the right.

From Gosford/Newcastle

- Drive south towards Sydney along the M1 Pacific Motorway (previously known as the F3). (Don't accidentally take the 'Peats Ridge' exit before Gosford – this is the long way)
- Take the next exit after Gosford, the Calga Interchange, sign-posted "**Peats Ridge**".
- Wind your way around the interchange for about ½ km. As you pass a "Sydney/ Newcastle M1 Pacific Motorway" sign and a "ramp speed 40" sign, it will feel like you're going back onto the motorway. Don't worry, you're not! You are still on the correct route.
- The interchange eventually straightens out into **Peats Ridge Road**.
- Continue along Peats Ridge Road for 8km.
- **Ross Road** is an unpaved road on the right.
- **Aloka** is the first property with the green gate on the right.

